

Food Day Menus

All meals include a side, a fruit, a peanut-free dessert and bottle of water.
Please notice “gluten-free” options

- **Monday** Once Upon a Bagel:

Chicken Noodle Soup (8 oz.) and Bagel with Plain Cream Cheese
Matzo Ball Soup (8 oz.) and Bagel with Plain Cream Cheese
Soup with Rice (8oz) , fruit cup (**gluten-free**)
Pizza Bialy with Small Garden Salad

Each meal will be accompanied by Oreo cookies.

- **Tuesday**
Potbelly’s:

Turkey – Turkey, Lettuce, and Tomato
Wreck Sandwich - Salami, Roast Beef, Turkey, Ham and Swiss Cheese
Pizza - Sauce and Cheese only

Each meal will be accompanied by a bag of chips and a cookie. Mayo and mustard packets will also be available. Sandwiches will be served on wheat bread.

Subway:

Turkey Sub – Turkey, Lettuce
Spicy Sub - Pepperoni, Salami, Cheese, Lettuce
Meatball Sub – Meatball, cheese, marinara
Veggie Sub –Green Pepper, Onion, Black Olives, Cucumber, Pickles, Cheese, Lettuce and Tomato

Each meal will be accompanied by a bag of pretzels or regular chips and a cookie. Mayo and mustard packets will also be available.

- **Wednesday**

Michael’s: These meal combinations will be offered on **rotating weeks**.

Chicken Fingers, Grilled Chicken Sandwich, Chicken Caesar Wrap, Caesar Salad (no chicken)
Hamburger, Cheeseburger, Turkey Club Wrap*, Caesar Salad (no chicken)
Hot Dog, Sloppy Joe, macaroni & cheese, chicken oriental salad

*turkey club includes lettuce, tomato, bacon, turkey and ranch dressing

Salads/mac & cheese will include bread and dessert; all other entrees will be accompanied by chips and a dessert.

The Grill

Chicken Tenders - Three Chicken Tenders w/ dipping sauces
Chicken Caesar Wrap – Grilled Chicken, Cheese, Lettuce, Caesar Dressing in Whole Wheat Tortilla
Sliders : shoe strings or chips
Mac and Cheese-served with carrots, celery and ranch

Each meal will be accompanied by a bag of pretzels or chips and a cookie.

- **Thursday**

Casa De Isaac:

2 Chicken Tacos

2 Beef Tacos

1 large Cheese Quesadillas

1 large Chicken & Cheese Quesadilla

1 large (**gluten free**) soft corn shell cheese quesadilla w/ **gluten free** chips

Mild tomato salsa will be offered on the side. Each meal will include tortilla chips and dessert.

Yummy Bowl:

Chicken Fried Rice & an Egg Roll

Chicken with Broccoli

Sesame Chicken and Rice

Veggie Pad thai with edemame

Each meal will be accompanied by a fortune cookie. (All peanut free)

- **Friday**

Piero's:

Chicken Caesar Salad and garlic bread will be offered each week.

Piero's will alternate weekly between the following:

Thin Cheese Crust Pizza, Thick Crust Cheese Pizza, Thin Pepperoni Pizza, gluten free cheese pizza

Pasta with Red Sauce or Pasta with Butter and garlic bread

Each meal will include a dessert.

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