

# Food Day Menus

All meals include a side, a fruit, a peanut-free dessert and bottle of water.

- **Monday Once Upon a Bagel:**

Chicken Noodle Soup (8 oz.) and Bagel with Plain Cream Cheese  
Matzo Ball Soup (8 oz.) and Bagel with Plain Cream Cheese  
Soup with Rice (8oz) , fruit cup  
Pizza Bialy with Small Garden Salad

Each meal will be accompanied by Oreo cookies.

- **Tuesday**

**Potbelly's:**

Turkey – Turkey, Lettuce, and Tomato  
Wreck Sandwich - Salami, Roast Beef, Turkey, Ham and Swiss Cheese  
Pizza - Sauce and Cheese only

Each meal will be accompanied by a bag of chips and a cookie. Mayo and mustard packets will also be available.

**Subway:**

Turkey Sub – Turkey, Lettuce  
Spicy Sub - Pepperoni, Salami, Cheese, Lettuce  
Meatball Sub – Meatball, cheese, marinara  
Veggie Sub –Green Pepper, Onion, Black Olives, Cucumber, Pickles, Cheese, Lettuce and Tomato

Sandwiches will be served on wheat bread. Each meal will be accompanied by a bag of pretzels or Sunchips and a cookie. Mayo and mustard packets will also be available.

- **Wednesday**

**Michael's:** These meal combinations will be offered on **rotating weeks**.

Chicken Fingers, Grilled Chicken Sandwich, or Caesar Wrap with or without Chicken  
Hamburger, Cheeseburger, or Oriental Salad with or without Chicken  
Hot Dog, Sloppy Joe, or Oriental Salad with or without Chicken

Salads will include a roll and dessert; all other entrees will be accompanied by chips and a dessert.

**The Grill**

Chicken Tenders - Three Chicken Tenders w/ dipping sauces  
Chicken Caesar Wrap – Grilled Chicken, Cheese, Lettuce, Caesar Dressing in Whole Wheat Tortilla  
Sliders : shoe strings or chips  
Mac and Cheese-served with carrots, celery and ranch

Each meal will be accompanied by a bag of pretzels or chips and a cookie.

- **Thursday**

**La Casa De Isaac:**

2 Chicken and cheese Tacos

2 Beef and cheese Tacos

1 large Cheese Quesadillas

1 large Chicken & Cheese Quesadilla

Mild tomato salsa will be offered on the side. Each meal will include tortilla chips and dessert.

**Yummy Bowl:**

Chicken Fried Rice & an Egg Roll

Chicken with Broccoli

Sesame Chicken and Rice

Veggie Pad thai with edemame

Each meal will be accompanied by a fortune cookie. (all peanut free)

- **Friday**

**Piero's:**

Chicken Caesar Salad and garlic bread will be offered each week. Garlic Bread will be served with all pasta.

Piero's will alternate weekly between the following:

Thin CheeseCrust Pizza, Thick Crust Cheese Pizza , Thin Pepperoni Pizza

Pasta with Red Sauce, Pasta with Butter, Italian Beef sandwich

Each meal will include a dessert.

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